

News Release

April 10th 2014



JOIN IN AND 'PUSH THE BOAT OUT' AT NORTH LINCOLNSHIRE & HUMBERSIDE SAILING CLUB

May is National Watersports Month and NLHSC at Barton upon Humber are hoping to get lots of people out on the water on RYA Push the Boat Out weekend.

On May 10th, the club will be opening its doors and inviting people of all ages and abilities to come along and have a go at sailing and windsurfing.

Whether you're completely new to the sport, looking to get back on the water or sail regularly NLHSC will be one of the many sailing clubs and centres across the country taking part in RYA Push the Boat Out weekend. The event will see hundreds of people taking part in the sport at open days, have a go sessions and fun events for all the family.

Starting at 12, on May 10th at NLHSC there will be a whole host of activities taking place including taster sessions dinghy sailing and windsurfing, completely free, all equipment will be provided, if dinghy sailing bring a waterproof coat and possibly trousers, if windsurfing we have a number of wetsuits available but if you have one bring your own.

Keith Lown, Commodore of NLHSC said: "We are delighted to be taking part in the RYA Push the Boat Out, we are inviting the local community to come down to the club, have a go at sailing and windsurfing, see what the club has to offer and get involved, who knows if you visit you might just get hooked! "

RYA Sport Development Manager Duncan Truswell said "Push the Boat Out provides the perfect opportunity for people to discover their local sailing venue, meet key volunteers and like-minded people, have a go at the sport and find out how much fun it is and how easy it is to get involved."

For full details about what's going on at NLHSC visit www.nlhsc.org.uk.

For more information on RYA Push the Boat Out visit www.rya.org.uk/go/ptbo

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Notes to Editors:

About Push the Boat Out

Push the Boat Out is an RYA initiative which was first created as part of the RYA Sail for Gold Programme which was launched in March 2011.

The 2014 event will take place over the weekend of 17-18 May and will see clubs and centres across the UK holding open days and inviting those who live locally to come and 'have a go' at sailing and windsurfing.

For more information visit www.rya.org.uk/go/PTBO